



VOICES OF GRIEF
Support and Education Center

SUMMER 2024 GRIEF SUPPORT & EDUCATION GROUPS

UNDERSTANDING YOUR GRIEF

These eight-week support and education groups offer compassionate, companioning support as we work through the book, *Understanding your Grief* by Dr. Alan Wolfelt.

Registration: \$80 (includes all group materials).

Mondays, July 8–August 26, 10am–noon Register by July 1.

Meeting at Old Colorado City Public Library
2418 West Pikes Peak Ave., Colorado Springs, CO 80904

Thursdays, July 11–August 29, 6–8pm Register by July 5.

Voices of Grief Center office at Colorado Enrichment Center
1575 Garden of Gods Rd., Suite 250, Colorado Springs, CO 80907

FACING THE MOURNING

This six-week support and education group invites you to participate in activities that provide a meaningful framework to process your grief within a safe community for reflecting on your experience.

Registration: \$60 (includes all group materials).

Mondays, July 22–August 26, 2–4pm Register by July 15.

Serenity Recovery Connection
985 W. Fillmore St., Colorado Springs, CO 80907

If finances are a challenge, limited scholarships are available.

For information or to register, email: info@voicesofgriefcenter.org
or call Sarah Lee, 719.505.2257

We bereaved are not alone.

We belong to the largest
company in the world—
the company of those who
have known suffering.

Helen Keller, *We Bereaved*



voicesofgriefcenter.org

We envision

a compassionate culture
of grief expression where
loss is honored and hope
nurtures healing.

Thanks to our community sponsors

