



VOICES OF GRIEF  
Support and Education Center

SPRING 2023

## GRIEF SUPPORT & EDUCATION GROUP IN WOODLAND PARK

### Understanding Your Grief

This eight-week support and education group offers compassionate, companioning support as we work through the book, *Understanding your Grief* by Dr. Alan Wolfelt.



We bereaved are not alone.  
We belong to the largest  
company in the world—  
the company of those who  
have known suffering.  
Helen Keller, *We Bereaved*

### 8-Week Group

Thursday evenings

April 20–June 8

6:00-8:00 pm

Community Partnership Family Resource Center

701 Gold Hill Place, Woodland Park, CO 80863

**Registration cost: \$80** (includes all group material).

Please register by April 14.

*If finances are a challenge, limited scholarships are available.*



[voicesofgriefcenter.org](http://voicesofgriefcenter.org)

**Our Vision** is to create supportive spaces to honor the natural process of grief and to educate our community in healthy expressions of grief and mourning.

Please contact our group facilitator for information  
or to register:

Sarah Lee: 719-505-2257

[sarah.lee@voicesofgriefcenter.org](mailto:sarah.lee@voicesofgriefcenter.org)

*Thanks to our community sponsors*

